



Flourish  
Fostering



# CHILDREN'S GUIDE

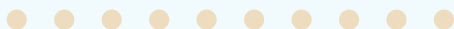
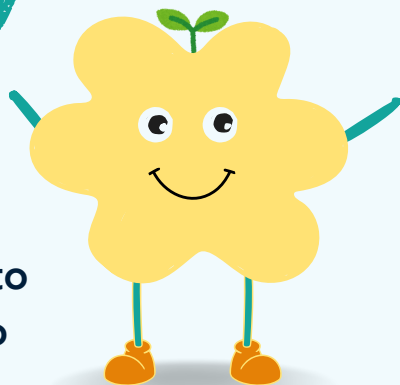


For 5 – 10 year olds



Hello and  
welcome to  
**Flourish Fostering!**

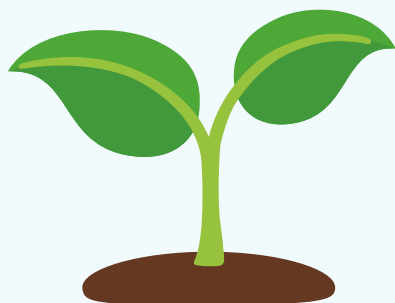
The **FIRST** thing you need to  
know is that we're here to  
help you.



It is our job to give you everything you  
need so you can feel:



**HAPPY & SAFE**

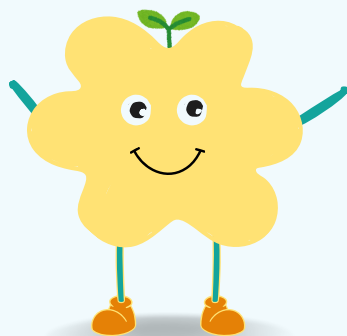


and so that you're able to

**GROW**

We know that you may be feeling a little scared and lost right now because of all the changes you have had to make.

It's okay to be  
feeling a little  
scared!



## **Why do I have to live with a foster parent?**

When a child cannot live with their own family, they can move into a foster home where they will be safe and looked after by caring people. Children can live with Foster Parents for all sorts of reasons, but it's not because of anything you have done.

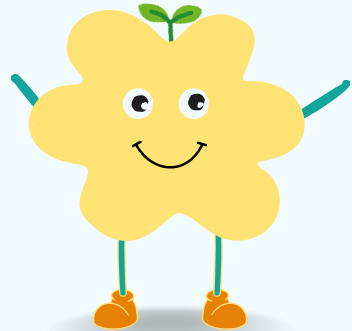
**There are lots of people around  
you to help you...**



Don't forget that there are always lots of other people around you to help you, like your school teachers.

# Social Workers

You and your Foster Parents both have your own Social Worker who do different jobs.



## Your Social Worker:

You can tell your Social Worker how you feel and what you want. They will listen to your feelings and answer your questions. Your Social Worker will make sure you're safe and all your needs are being met, in a safe and caring way by your Foster Parents.

Your Social worker is the person responsible for decisions made about your care, including who you live with, where you go to school, when you can see your birth family, etc.

You will see you social worker in your new home or maybe at your school. They might even take you out for a milkshake!

## Your Foster

### Parents' Social Worker:

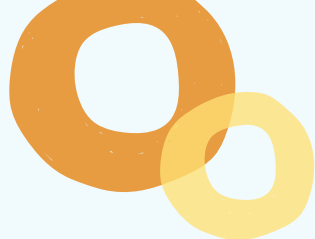
Your Foster Parents have their own social worker, and you will get to know them very well too.

Their job is to make sure your foster parents are taking really good care of you, and they are here for you too.

### Your Voice, Have your say...

You can talk to your Flourish social worker about anything you want, for example what you need, what you want more of or even what you don't like.

Your social worker will come out and visit you at your new home and is there to find about more about you.



What are your  
Hobbies & interests?



Do you like dancing?



What do you like to  
spend your pocket  
money on?



What is your school  
like?





# Events and Activities at Flourish



We have lots of fun events and activities at Flourish that you will be able to come along to.



We have Christmas Pantomimes, Easter Egg Hunts, , Summer Fun Days with bouncy castles and ice cream vans. We also have fancy dress parties and Swimming Pool Parties!



Your foster parents can tell you about the fun days we have near you 😊



We can't wait to see you there!





**It is important for us to get to  
know you and what you like.**

**My favourite foods are:**

**My favourite toys and games are:**

**When I am upset I would like:**

*(a hug, a hot chocolate, a snuggly blanket, to go for a walk etc.)*

**I like to have fun by:**

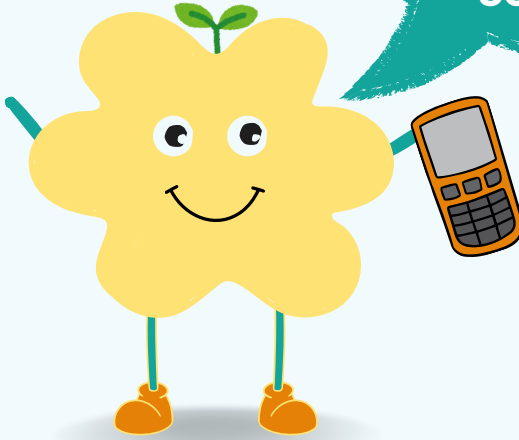




**You can use this page to  
draw some pictures of your  
favourite foods and toys!**



If you need help, you  
can contact your  
Social Worker, or  
your Foster Parents'  
Social Worker



**My social worker is:**

Name.....

Number.....

**My Foster Parents' Social Worker is:**

Name.....

Number.....

# Some other useful numbers and websites you can use if you need help

**ChildLine**

0800 1111



Number: 0800 11 11

Website [www.childline.org.uk](http://www.childline.org.uk)

**NSPCC**

Number: 0808 800 5000

Website [www.nspcc.org.uk](http://www.nspcc.org.uk)

  
**Ofsted**

Number: 0300 123 1231

Website [www.ofsted.gov.uk](http://www.ofsted.gov.uk)

**coramVoice** )))

getting young voices heard

(Charity for Young People in Care)

Number: 0808 800 5792

Website [www.coram.org.uk](http://www.coram.org.uk)



**CHILDREN'S  
COMMISSIONER**

for England

(Rachel de Souza)

Number: 020 7783 8330

Website:

[www.childrenscommissioner.org.uk](http://www.childrenscommissioner.org.uk)